Healthy vision is one of the greatest gifts that we have. Eye exams play an important role in your overall wellness, and you should get one every year for optimal vision health. Besides measuring your vision, regular eye exams can help identify early signs of certain chronic health conditions, including high blood pressure, diabetes, heart disease and high cholesterol. Annual eye exams enable your doctor to monitor the health of your eyes and track changes that can occur from year to year.

Vision insights
Individuals at every age can benefit from regular eye care:
- Babies and toddlers: The American Optometric Association recommends babies receive their first eye exam between the ages of 6 and 12 months.
- School-age children: Up to 25% of school-age children may have vision problems that can affect learning.
- Adults: Approximately 202.6 million adults in the United States alone need vision correction.
- Seniors: Serious eye conditions such as glaucoma and cataracts are most prevalent in individuals over the age of 60.

Regular exams are a simple, noninvasive tool to help identify early signs of serious and chronic health conditions. And because early detection is key for treatment, regular eye examinations play a vital role in a healthy life and in helping you see life to the fullest.

For benefit questions, contact the EyeMed Customer Care Center by calling 866-723-0513.

For overall wellness, don’t overlook your annual eye exam
Benefit plan questions

How do I use my vision benefit?
To access your vision benefit:
1. Locate an in-network provider of your choice by calling the EyeMed Customer Care Center or visiting the EyeMed website and choosing the Access network on the provider locator.
2. Schedule an appointment. Many of our providers also offer walk-in appointments, in which case, an appointment is not necessary.
3. When you arrive, identify yourself as an EyeMed member or present your ID card to receive services.
4. Your EyeMed provider will take care of the rest – making it a breeze.

Can I schedule an appointment online?
Yes! You can schedule appointments online. The appointment scheduling tool is accessed through the EyeMed provider locator. Just go to EyeMed.com, choose the Access network, enter your ZIP code, find a provider and click the "Schedule an Eye Exam Online" link. It’s that simple.

Will I be able to choose any eyewear product available at an EyeMed provider location? Yes! With EyeMed, you can apply your benefit toward any available frame or brand of contact lenses that fit your vision needs and lifestyle. Because EyeMed knows you not only want to see better – you want to feel and look good, too.

Can I purchase two pair of eyeglasses and/or eyeglasses and contact lenses in the same benefit period?
Yes! You are eligible for additional discounts once the benefit has been used. We offer the largest additional pair discount in the industry, 40%, which can be used at any network location at any time throughout the plan year.

Does EyeMed offer additional discounts beyond the benefit plan?
Yes! You will have the following additional savings with a funded EyeMed plan:
• 40% off additional complete pairs of glasses
• 20% off any remaining frame balance
• 15% off any remaining conventional contact lens balance
• 20% off non-covered items, including non-prescription sunglasses, accessories and lens cleaner
• 15% off the standard price or 5% off any promotional price of LASIK or PRK services

* "For Children Ages 2 to 7 Years," American Optometric Association, 2006
* "For Children Ages 8 to 17 Years," American Optometric Association, 2006